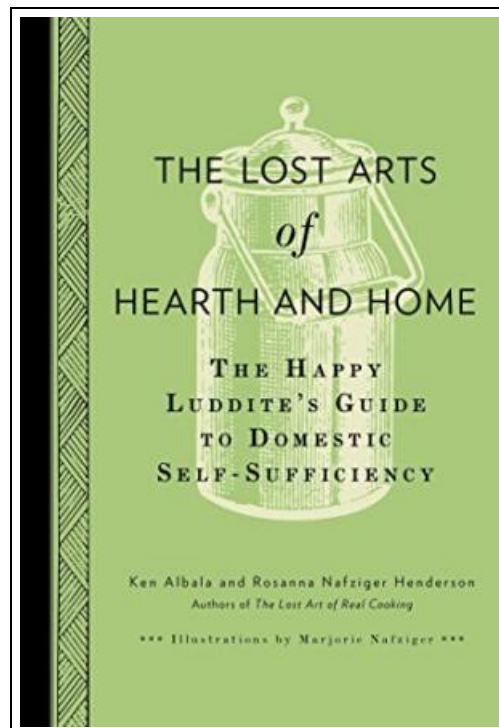


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THE LOST ARTS OF HEARTH HOME: THE HAPPY LUDDITE S GUIDE TO DOMESTIC SELF-SUFFICIENCY (HARDBACK)



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Penguin Putnam Inc, United States, 2013. Hardback. Condition: New. Language: English . Brand New Book. The Lost Arts of Hearth and Home is not about extreme, off-the-grid living. It s for city and suburban dwellers with day jobs: people who love to cook, love fresh natural ingredients, and old techniques for preservation; people who like doing things themselves with a needle and thread, garden hoe, or manual saw. Ken Albala and Rosanna Nafziger Henderson spread the spirit of antiquated self-sufficiency throughout the household. They offer projects that are decidedly unplugged and a little daring, including: * Home building projects like rooftop food dehydrators and wood-burning ovens * Homemaking essentials, from sewing and quilting to rug braiding and soap making * The wonders of grain: making croissants by hand, sprouting grains, and baking bread * Adventures with meat: pickled pig s feet, homemade liverwurst, and celery-cured salami Intended for industrious cooks and crafters who aren t afraid to roll up their sleeves, The Lost Arts of Hearth and Home will teach you the history and how-to on projects for every facet of your home, all without the electric toys that take away from the experience of making things by hand.



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