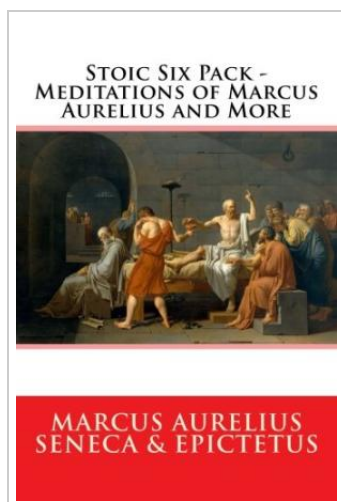



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Createspace Independent Publishing Platform, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. You have power over your mind - not outside events. Realize this, and you will find strength. The happiness of your life depends upon the quality of your thoughts. Stoic Six Pack brings together the six essential texts of Stoic Philosophy: Meditations by Marcus Aurelius, The Golden Sayings of Epictetus, Fragments of Epictetus, Discourses of Epictetus, Seneca's Letters from a Stoic: Epistulae Morales AD Lucilium and The Enchiridion of Epictetus. In addition to these six master texts, there is also: a biography of Marcus Aurelius. For students of Stoicism, there is the convenience of having all six texts in one searchable volume. People new to the ideas of Zeno, Seneca, Aurelius et al could ask for no better introduction than this awesome anthology. In the last three years, I've begun to explore one philosophical system in particular: Stoicism. I've found it to be a simple and immensely practical set of rules for better results with less effort. (Timothy Ferriss, author of Four Hour Workweek.).


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