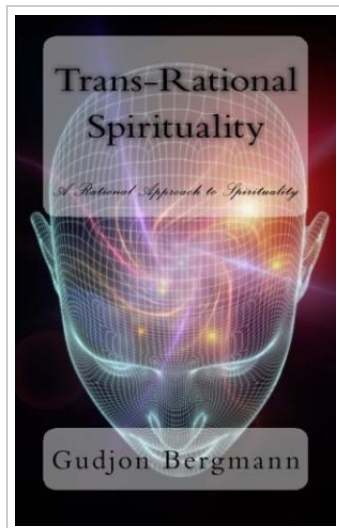




Trans-Rational Spirituality: A Rational Approach to Spirituality

By Gudjon Bergmann

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Is there any way to be spiritual without denying rationality? This book is an attempt to answer that question. It is a must read for rational Westerners who long for some form of spirituality in their lives. The first half of the book is a critique of current religious and spiritual options. The critique addresses organized religion, the twelve-step program, and the spiritual-but-nonreligious approach, all of which have serious shortcomings. The second half of the book offers a new approach to spirituality; a trans-rational approach. The seeds sown will hopefully fertilize a vigorous discussion about what it means to be spiritual. At the very least, the book will challenge ideas about religion and spirituality and bring the reader closer to a personal approach that includes, but is not limited to, rationality.

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