

Expecting a Baby: The Complete Guide to Your Baby's First 6 Weeks



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EXPECTING A BABY: THE COMPLETE GUIDE TO YOUR BABY'S FIRST 6 WEEKS



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Quadrille Publishing Ltd, 2013. Mixed Media (Book & DVD). Condition: New. New & dispatched within 1 working day _____ Every minute of every day a baby is born in Britain, but no birth story is ever the same. One Born Every Minute is the hugely popular BAFTA award-winning Channel 4 series which chronicles these stories, charting the extraordinary highs and lows of day-to-day life in a maternity hospital. Expecting a Baby is the first in a new series of One Born Every Minute books will provide all the expert information expectant parents need. One Born Every Minute: Expecting a Baby? is written by expert consultant in obstetrics and gynaecology Dr Penelope Law. It is a ground-breaking book bursting with up-to-date medical information designed to guide prospective parents through pregnancy, childbirth and the first 6 weeks of their baby's life. Every aspect of pregnancy and birth is covered in depth: conception; antenatal care; a week-by-week guide to the three trimesters and what to expect in each one; diet and exercise; preparing for the birth; birth and pain relief; following the birth and the first six weeks. This book is unique in its clarity of information, the structure of the content and the latest research given. Dr Penelope Law also tackles high profile issues such as home births, obesity and diabetes, 35+ mothers and pre; and post-natal depression. Her tone is approachable and honest. She tells parents what they are entitled to ask for during their antenatal care, labour and birth, and repeatedly encourages women to take control and make choices about the care they are offered. The last section of the book is an A-Z of Complications, making this the ultimate guide to pregnancy. Written by medical experts and featuring real-life stories from mums and midwives, the books will...



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