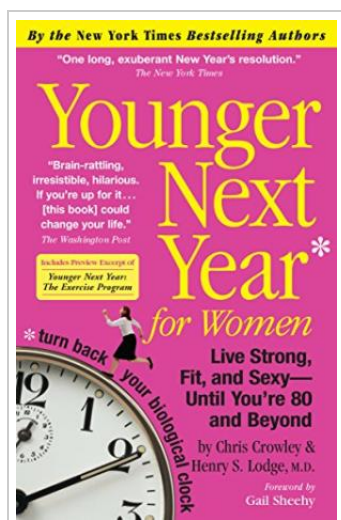




Younger Next Year for Women: Live Strong, Fit, and Sexy---until You're 80 and Beyond

By Christopher Crowley, Henry S. Lodge

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