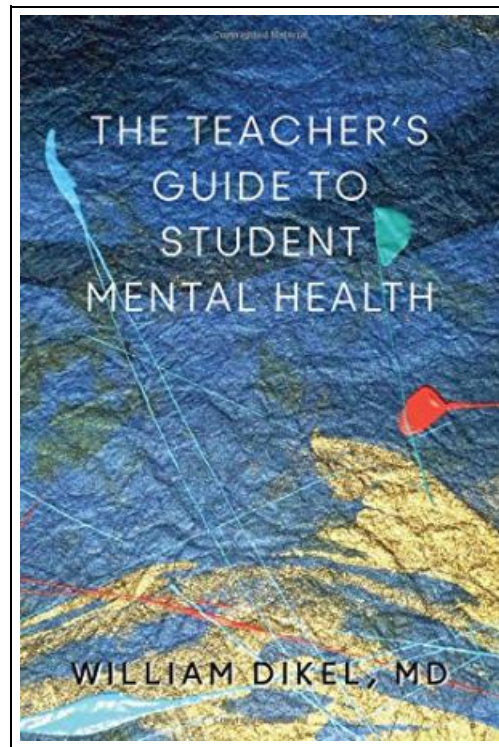


The Teacher's Guide to Student Mental Health



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Reviews

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THE TEACHER'S GUIDE TO STUDENT MENTAL HEALTH

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WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, The Teacher's Guide to Student Mental Health, William Dikel, Twenty percent of children and adolescents have a mental health disorder and in five percent, the disorder is severe. Chances are that every classroom in America will have at least one student who has a mental health disorder, possibly even in the severe range. These students often have symptoms that interfere with their ability to learn. From Ontario, Canada to California, school districts and state Boards of Education are recognizing the importance of comprehensive approaches to student mental health that include teacher education. By understanding child and adolescent mental health issues, general education and special education teachers have additional tools to provide the most successful educational environment for their students. But where can a teacher turn to get reliable information on what they need to know? Here, William Dikel, MD, a board-certified child and adolescent psychiatrist, who serves as a consultant to school districts nationwide, answers the call with a comprehensive, teacher-focused guide to student mental health. From anxiety and depression to ADHD, autism spectrum disorders, behavior disorders, substance use disorders, and psychoses, this practical book provides essential information on how mental health disorders are diagnosed and treated, how they tend to manifest at school, and how they affect students' emotions, behaviors, and ability to learn. It explains why traditional behavioral interventions are often unsuccessful, and describes effective classroom interventions that teachers can use to provide optimal educational experiences. Teachers will learn the differences between normal child and adolescent behaviors and behaviors that reflect underlying mental health disorders, and will recognize where these behaviors fall on a spectrum, ranging from behavioral (planned, volitional acts that clearly have a function) to the clinical (where a mental health disorder is causing the behavior)....

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