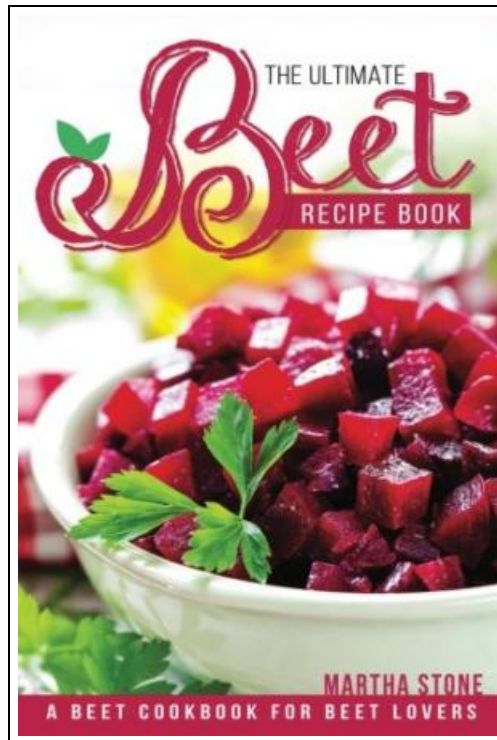


The Ultimate Beet Recipe Book: A Beet Cookbook for Beet Lovers (Paperback)



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THE ULTIMATE BEET RECIPE BOOK: A BEET COOKBOOK FOR BEET LOVERS (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The beet is a wonderful ingredient that doesn't get the recognition it deserves. Not only is it tasty, but it is filled with vital nutrients that our bodies need. Unfortunately, too many people are under the impression that beets are for nothing more than pickling. This couldn't be further from the truth, and The Ultimate Beet Recipe Book: A Beet Cookbook for Beet Lovers aims to change the way people think about beets. Inside this beet recipe book, you will find 25 delicious recipes that are both tasty and healthy. These recipes are so good that everyone in your family, even those who are not too fond of beets, will enjoy. You will learn just how versatile and useful beets really are. This cookbook not only shows you how to make delicious beet dishes, but it also includes serving size, total time to make the recipe, and complete ingredient lists for every one of the recipes. To ensure accuracy, each recipe has been tested multiple times and is written in easy-to-follow step-by-step directions. No matter what your previous experience in the kitchen is, you are sure to find success with these recipes. The Ultimate Beet Recipe Book: A Beet Cookbook for Beet Lovers features recipes ranging from simple to more complex. You will find salads, burgers, snacks, desserts, and smoothies, all containing the wonderful beet. You will also learn more about beets and all the benefits that they can provide. Even if you're not currently a beet lover and are a little wary of this colorful vegetable, give this book a go. You will be pleasantly surprised at how much you will like beets when you learn how to...



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