



Blue Dots: Illustrated 6x9 Medium Dotted Bullet Journaling Notebook with Numbered Pages (Paperback)

By Quipoppe Publications

On Demand Publishing, LLC-Create Space, 2017. Paperback. Condition: New. Illustrated. Language: English . Brand New Book ***** Print on Demand *****. Blue Dots Bullet Journal - A Regular Size Bullet Journaling Notebook. Dotted pages (actually: little crosses for each of drawing your own boxes) easy writing. 6 by 9, 128 writable pages. Fun blue dots themed cover and cute floral illustrations inside. Why Write? Writing with pen and paper helps to boost creativity. Helps to improve your memory. Helps to structure your thoughts. Writing on paper is just as important now as it was 10, 20, 50 years ago. Maybe even more. Online media offer many distractions. It's so easy to quickly click or swipe. You might almost forget to just sit down and write down your thoughts, your list of things, draw or doodle whatever is on your mind. Many people talk about mindfulness, conscious living, but getting this notebook and taking time to write or draw helps to get some rest, to get grounded, to pace yourself. Creativity and Inspiration Writing by hand will increase your creativity. It helps you focus your energy and support your flow. Whether you are structuring strategic plans, organising your day, writing...



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