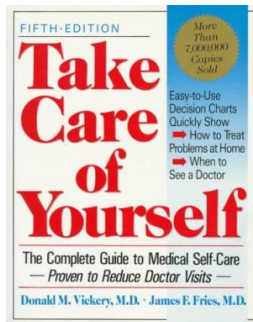


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## TAKE CARE OF YOURSELF: THE COMPLETE GUIDE TO MEDICAL SELF-CARE



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- Authored by Donald M. Vickery
- Released at 1993



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