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(Jo Kuhlman)

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Experiment, 2017. Hardback. Condition: New. Language: English . Brand New Book. For years, chef and cookbook author Alice Hart has been crafting--and sharing-- recipes for giving pleasure. Now, Good Veg showcases ebullient vegetables, fruits, and grains--in inventive, reliable dishes to sustain you (and family and friends) all day, through every season. Hart s food surprises and thrills through contrasts (think crisp and soft, sweet and sour, chile heat and refreshing herb): Roasted Carrot Soup with Flatbread RibbonsChickpea Crepes with Wild GarlicBrown Rice Bibimbap Bowls with Smoky PeppersToasted Marzipan Ice CreamPlus, her thoughtfully organized chapters help you find just the right dish: Mornings - Grazing - Quick - Thrifty - Gatherings - Grains - Raw-ish - Afters - Pantry The time is right for a book packed to the rafters with ideas and a rainbow of colors, so you never need wonder what to cook for any occasion. --Alice Hart.

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