



Let Go of Your But!: A Woman's Guide to Loving Herself to Full Potential and Possibility (Paperback)

By Kimberly E Banks

On Demand Publishing, LLC-Create Space, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.It is the belief of author, success provocateur, and luminary, Kimberly E. Banks, that the lack of self-love is the difference between women who reach their full potential and those who struggle to find the power within to cultivate new possibilities daily. Through a powerful delivery of insight and passion woven throughout Let Go of Your But! A Woman's Guide to Loving Herself into Full Potential, Power and Possibility the author inspires us to take the first step out of fear or pain, and into love, fulfillment and our individual and collective destinies. Rather than solely encouraging us to re-discover the enthusiasm, grit, motivation and accountability it takes to move our way ambitiously and excitedly into the lives we desire, Ms. Banks teaches us to love ourselves first. The result of self-love: old wounds, limiting beliefs and negative outlooks are healed, thus making the possibility of becoming the self we've always envisioned much more fathomable. Fulfillment starts with the removal of mental, emotional, and spiritual impediments that hinder us women from seeing our clearest pathway to success. Throughout the inspiration...



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