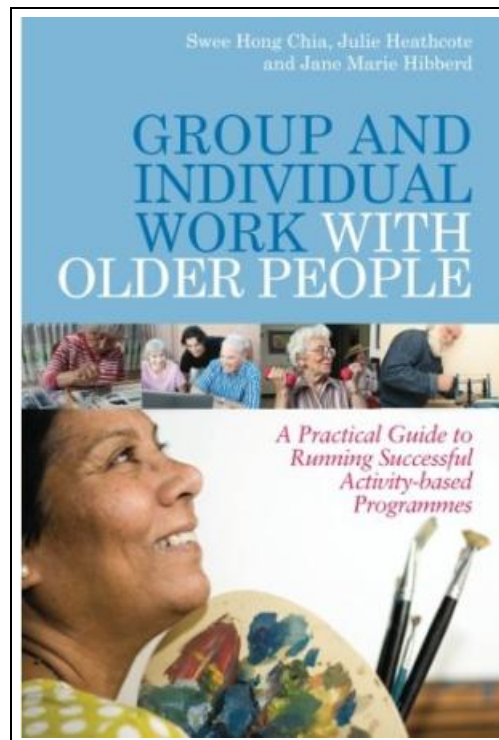


Group and Individual Work with Older People: A Practical Guide to Running Successful Activity-Based Programmes



Filesize: 4.96 MB

Reviews

A must buy book if you need to adding benefit. It can be rally intriguing throug reading time period. I am easily could get a pleasure of looking at a composed book.
(Dr. Julius Goodwin DDS)

GROUP AND INDIVIDUAL WORK WITH OLDER PEOPLE: A PRACTICAL GUIDE TO RUNNING SUCCESSFUL ACTIVITY-BASED PROGRAMMES

[DOWNLOAD](#)

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Group and Individual Work with Older People: A Practical Guide to Running Successful Activity-Based Programmes, Swee Hong Chia, Julie Heathcote, Jane Hibberd, Andy Hibberd, Being active is fundamental to a person's sense of physical and mental wellbeing, and the need to engage in purposeful and meaningful activity does not diminish with age. However, common effects of ageing, such as reduced vision and hearing, arthritis, dementia, and in some cases social isolation, can affect an older person's ability to participate in therapeutic and recreational activities. Introducing the concept of PIE (Planning, Implementation and Evaluation), this practical resource will enable professionals working with older people to initiate and run successful activity-based programmes with their clients, either individually or in groups. The authors guide the reader through the processes of group and individual work, and provide step-by-step instructions for a range of activities, including arts and crafts, music, drama, movement, relaxation, reminiscence, and day-to-day tasks such as taking care of personal hygiene and preparing food and drinks. The book also describes the importance of assessing and evaluating activity-based work, with examples of completed evaluation and assessment forms. Useful case studies and self-reflective activities for the facilitator are included throughout. This book will be an invaluable for occupational therapists, creative arts therapists, health and social care practitioners and all other professionals working with older people.



[Read Group and Individual Work with Older People: A Practical Guide to Running Successful Activity-Based Programmes Online](#)



[Download PDF Group and Individual Work with Older People: A Practical Guide to Running Successful Activity-Based Programmes](#)

See Also

**Oxford Reading Tree Read with Biff, Chip and Kipper: Phonics: Level 2: Win a Nut! (Hardback)**

Oxford University Press, United Kingdom, 2014. Hardback. Book Condition: New. Mr. Alex Brychta (illustrator). 176 x 148 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling...

[Save eBook »](#)

**How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book**

McGraw Hill. Soft cover. Book Condition: Brand New. Dust Jacket Condition: No Dust Jacket. Brand New In Softcover Format, How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book. 1-1-3.

[Save eBook »](#)

**Cloverleaf Kids: Kids and adults alike will enjoy these hilarious stories and antics of me, my siblings and our friends growing up in a small town in . over & over and always got a good laugh.**

CreateSpace Independent Publishing Platform. PAPERBACK. Book Condition: New. 1482737256 Special order direct from the distributor.

[Save eBook »](#)

**Joey Green's Rainy Day Magic: 1258 Fun, Simple Projects to Do with Kids Using Brand-name Products**

Fair Winds Press, 2006. Paperback. Book Condition: New. Brand new books and maps available immediately from a reputable and well rated UK bookseller - not sent from the USA; despatched promptly and reliably worldwide by...

[Save eBook »](#)

**Dom's Dragon - Read it Yourself with Ladybird: Level 2**

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner...

[Save eBook »](#)