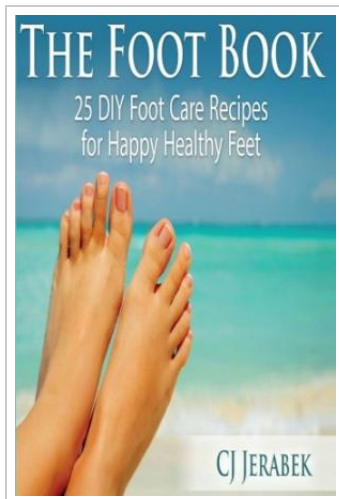




The Foot Book: 25 DIY Footcare Recipes for Happy Healthy Feet (Paperback)

By La Beaute Pure

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Foot Book goes a step beyond to bring you top notch information and DIY organic recipes for the health and healing of your feet. It also explains why taking care of your feet is so vital to your overall health and beauty. Your feet can drag you down or take you to the top. Have you ever hid your feet in the sand when lying on a warm beach? Do you dread taking your shoes off at Oriental restaurants? You d be surprise how many people are ashamed of their unsightly feet and many, with good reason. Say good-bye to foot shame. Get on your good foot with the knowledge you will gain in this foot health book and as an added bonus, you will also get step-by-step DIY remedies and foot pampering instructions too. With these homemade beauty recipes you will feel like your feet have been to the spa. And that s not all. You ll learn how to properly file your feet to free yourself of all the dead skin and why it s so important to...



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