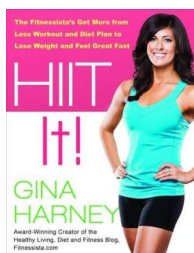


## Hiit it!: The Fitnessista s Get More from Less Workout and Diet Plan to Lose Weight and Feel Great Fast



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