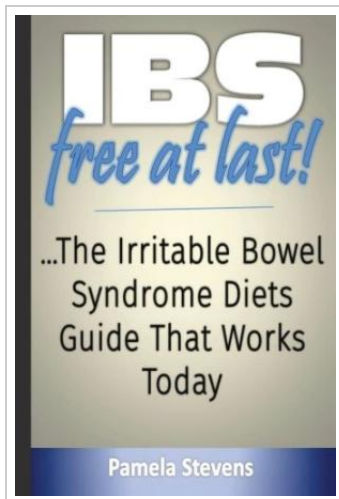




Ibs Free at Last!: The Irritable Bowel Syndrome Diets Guide That Works Today! (Paperback)

By Pamela Stevens

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****. What Is Irritable Bowel Syndrome? You may want to ask! Well, first and foremost, let us understand that the irritable bowel syndrome is not a disease but simply a change of the functionality of the gastrointestinal tract, and in fact, it can be simply explained as a functional gastrointestinal disorder. That is to say, its symptoms are normally caused by changes on how the gastrointestinal tract functions. However, most individuals who suffer from this disorder do have frequent symptoms but the gastrointestinal tract is never damaged. So I need to reiterate here that irritable bowel syndrome is not a disease but a group of symptoms which occur together. This disorder has its various causes - the mental and physical causes. Below are some well explained IBS causes for us to have a great understanding of the condition. Brain-Gut Signal Problems- It is understood that signals between the large and small intestine and the brain controls the manner in which the intestines function. It can also be referred to as gut. Therefore, any gut problem can also cause...



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