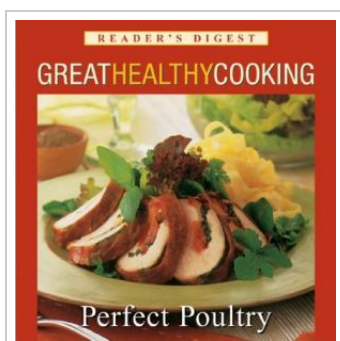




Perfect Poultry

By Digest, Editors of Reader's

Readers Digest, 2002. Hardcover. Book Condition: New. Readers Digest 2002 New/ Editorial Reviews From As part of their Great Healthy Cooking series, Reader's Digest offers a variety of poultry dishes for every appetite and occasion. In this case, poultry does not just mean chicken and turkey, but includes all manner of fowl and game birds, such as duck, goose, pheasant and quail. A brief preamble on eating well (featuring the venerable food pyramid) is followed by a more substantive introduction to poultry, which includes a buying guide; instructions for freezing, stuffing, spicing and trussing; plus a few recipes for stuffing and stock. The dishes themselves vary from light openers like the Turkey Salad with Red Cabbage with its tang of cranberry vinaigrette, to substantial mains, including the robust Chicken Bourguignonne and the piquant Chicken Marsala with Fennel. The draws on a variety of international cuisines with entries like Chicken Satays and Mexican Tostadas. Time is also taken into consideration with several quick and easy dishes such as the Turkey Escalope Saut with Citrus and Sweet Onion Sauce and the Spiced Stir-Fried Duck. Each recipe includes tips for healthy cooking, nutritional values and possible variations, and is accompanied by a mouthwatering...



READ ONLINE

[7.21 MB]

Reviews

This published publication is wonderful. Of course, it is actually engage in, still an interesting and amazing literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Vickie Wolff**

A really wonderful book with perfect and lucid information. I actually have study and i am sure that i am going to gonna read through once more yet again in the future. I am pleased to explain how this is actually the finest ebook we have study inside my personal daily life and might be he finest book for at any time.

-- **Kristy Stroman**

Relevant Books



Ninja Adventure Book: Ninja Book for Kids with Comic Illustration: Fart Book: Ninja Skateboard Farts (Perfect Ninja Books for Boys - Chapter Books for Kids Age 8 - 10 with Comic Pictures Audiobook with Book)
Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.BONUS - Includes FREE Dog Farts Audio Book for Kids Inside! For a very time limited period you can download...



I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book
Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy reading identities, that foster an attraction to...



Readers Clubhouse Set a Nick is Sick
Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Carol Koeller (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume three, Reading Level 1, in a comprehensive program (Reading Levels 1 and 2) for beginning...



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .
Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



Dom's Dragon - Read it Yourself with Ladybird: Level 2
Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner of a friendly dragon called Glow! But...



Sly Fox and Red Hen - Read it Yourself with Ladybird: Level 2
Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 222 x 148 mm. Language: N/A. Brand New Book. Sly Fox is hungry and he wants to catch and eat Red Hen. Armed with his big, black bag he heads to her...