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Healthy Smoothie Recipes: Delicious Smoothie Recipes for Weight Loss

By Hannie P Scott

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.HEALTHY SMOOTHIE RECIPES--- Delicious Smoothie Recipes for Weight LossAre you looking for some delicious smoothie recipes to lose weight? This simple and easy recipe book has step-by-step smoothie recipes that will allow you to enjoy tasty smoothies and lose weight! You will impress your friends and family with these delicious recipes. These recipes are SO SIMPLE! Before long you ll have everyone asking for more. With a nice variety of delicious smoothie recipes, you can please everyone (even the picky eaters)! This book includes recipes for: -Fruit Smoothies-Green Smoothies-Chocolate Smoothies-Peanut Butter Smoothies-AND MORE!Hannie P. Scott is a best-selling author that knows a thing or two about cooking! Cooking and experimenting with foods is her life passion. Driven by her desire for cooking for others (and herself), Hannie spends a lot of time in the kitchen! She enjoys sharing her love of food with the world by creating no-nonsense recipe books that anyone can use.


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Reviews

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