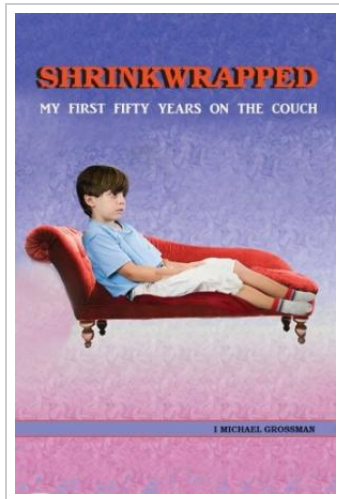




Shrinkwrapped My First Fifty Years on the Couch

By I Michael Grossman

EBook Bakery. Paperback. Condition: New. 274 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. Perhaps the world's longest coming-of-age story, SHRINKWRAPPED shows how one man's search for a better life worked out at last. In a blue-collar Michigan town where corporal punishment was seen as positive parenting, troubled families rarely sought professional help. But Michael Grossman's teachers sent him to see a Freudian psychoanalyst at age 7. It was the first of a parade of therapies that would include Rogerian bear-hugs, Gestalt dream analysis, Rolfing, Bioenergetics and even LSD. Sitting beside Michael on a succession of shrink couches, the reader follows his progress through one defense after another until he finally achieves a joyful capacity to care for others. Untangling the complex, sometimes eccentric and other times abusive family relationships that enmeshed his Midwestern boyhood in the mid-20th century, the author finally faces fundamental truths that lead to a profound transformation. By turns funny, poignant and shocking, Shrinkwrapped is a story of hope, of growing insight and ultimately of love reborn. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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