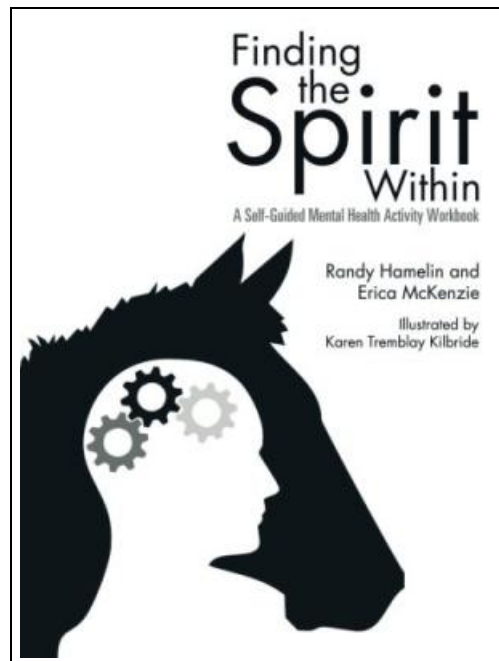


Finding the Spirit Within: A Self-Guided Mental Health Activity Workbook



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