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paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: November 2012 Pages: 161 Language: Chinese in Publisher: People's Medical Publishing scientific proof. disease and chill. if the temperature drops 1 C. the immunity will be reduced accordingly. It can be said: chill all diseases start. Well. the cold air come from? For example. hot days. eating cold food. do not exercise enough so that body heat. blowing air conditioning. are likely to make the body in a cold state. the long run. easy to cause a variety of chronic gastrointestinal problems. obesity . and even cancer. Chill to Ho: TCM fend off the cold regimen Arcane from eating. sports. meridians. emotions aspects. church people keep the body warm. mobilize own strong vitality. health and happiness be with you in ! Contents: first lecture algidity is the source of all diseases health human everlasting dream. this dream was to find perseverance. the disease is the enemy of health the prevention and treatment of the enemy. since ancient times. people have never stopped. As the saying goes. the Chihpen to Qingyuan thousands of years people will focus on the exploration of the causes of disease. Fundamental disease where? Let us step by step approached. uncover the veil of the disease. check it out. Righteousness PK pathogenic cold. the winner decided physical condition chill hit immunity to acne your stomach Deficiency irregular menstruation. the delicate organs injured disaster since the cold chill breast hyperplasia. mostly blame the cold is the chill. so you do not comfortable somehow looking minimalist the chill within volts chill let blood is no longer clean inexplicable inflammation troubled cryogenic crowd kidney. chill mischief body cold easier fatigue cervical catch cold pain raw chill nipped...

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