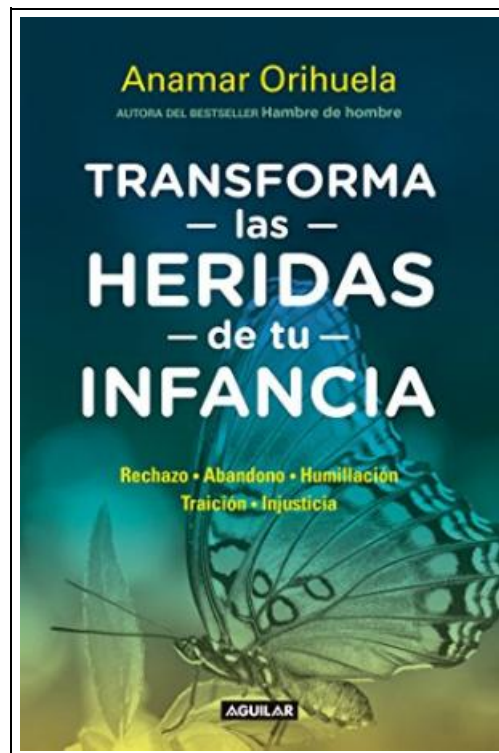


Transforma Las Heridas de Tu Infancia (Paperback)



Filesize: 7.86 MB

Reviews

These types of ebook is the greatest book available. Better then never, though i am quite late in start reading this one. I am just very happy to explain how here is the very best pdf i actually have read through inside my individual daily life and can be he greatest book for ever.

(Camryn Runolfsson)

TRANSFORMA LAS HERIDAS DE TU INFANCIA (PAPERBACK)

[DOWNLOAD](#)

AGUILAR, Mexico, 2016. Paperback. Condition: New. Language: Spanish . Brand New Book. De Anamar Orihuela, autora del bestseller *Hambre de hombre*. Un libro que despeja el camino para lograr una vida feliz, plena, sin culpas ni complejos. La clave: aliviar el dolor de nuestro niño interior y sanar las heridas que nuestros padres y las circunstancias dejaron en nuestra vida. A veces crecemos con inseguridades, temores, dudas y un carácter marcado por el dolor, el miedo y el abandono. Llegamos a la edad adulta vigorosos y con el éxito en nuestras manos, o amargados porque la vida es cruel e injusta. Entonces reflexionamos: lo tenemos todo para ser felices pero algo nos pasa, una nube negra nos persigue, no somos capaces de tomar la mejor decisión, por qué? Con claridad, comprensión y una cercanía terapéutica amorosa, Anamar Orihuela define esas heridas que nos mortifican y agobian mientras crecemos: Rechazo, Abandono, Humillación, Traición e Injusticia. Explica cómo se manifiestan, en qué etapa de nuestra vida afectan nuestros sentimientos, qué antídotos son efectivos para sanar las heridas y cómo trascender las relaciones padre-hijo para aliviar, tener seguridad y vivir en confianza y armonía. Además, *Transforma las heridas de tu infancia* ofrece invaluables ejercicios de sanación de las heridas de la personalidad, una Meditación sanadora que aclare nuestras inquietudes y un bello Decreto de sanación de las heridas de la infancia que, sin duda, cambiara positivamente nuestra vida. **ENGLISH DESCRIPTION** From Anamar Orihuela, bestselling author of *Hambre de hombre* / *Men's Hunger*. This is a book that clears the path to achieving a happy, fulfilled life without any guilt or self-esteem issues. The key: ease the pain of our inner child and heal the wounds that our parents and circumstances may have left in our lives. With clarity, understanding and in a...

[Read Transforma Las Heridas de Tu Infancia \(Paperback\) Online](#)[Download PDF Transforma Las Heridas de Tu Infancia \(Paperback\)](#)

See Also



Simple Signing with Young Children : A Guide for Infant, Toddler, and Preschool Teachers

Book Condition: Brand New. Book Condition: Brand New.

[Read Document »](#)



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download...

[Read Document »](#)



Music for Children with Hearing Loss: A Resource for Parents and Teachers

Oxford University Press Inc, United States, 2014. Paperback. Book Condition: New. 228 x 156 mm. Language: English . Brand New Book. Written by an expert in the field who is both a teacher and a...

[Read Document »](#)



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read Document »](#)



The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds, Nicola Baxter, Geoff Ball, This is a super-size first reading book for 3-5 year...

[Read Document »](#)

**Will My Kid Grow Out of It?: A Child Psychologist's Guide to Understanding Worrisome Behavior**

Chicago Review Press. Paperback. Book Condition: new. BRAND NEW, Will My Kid Grow Out of It?: A Child Psychologist's Guide to Understanding Worrisome Behavior, Bonny J. Forrest, At some point most parents wonder whether their

[Read ePub »](#)

**Dating Advice for Women: Women s Guide to Dating and Being Irresistible: 16 Ways to Make Him Crave You and Keep His Attention (Dating Tips, Dating Advice, How to Date Men)**

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Dating advice for women Sale price. You will save 66

[Read ePub »](#)

**Owl Notebook: Owl Gifts / Presents [Small Ruled Writing Journals / Notebooks with Mom Baby Owls]**

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Owl Gifts - Plain Ruled Softback Notebook [.50 / 3.59] A handy smART

[Read ePub »](#)

**You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most**

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the

[Read ePub »](#)

**A Reindeer s First Christmas/New Friends for Christmas (Dr. Seuss/Cat in the Hat)**

Random House USA Inc, India, 2012. Paperback. Book Condition: New. Joe Mathieu, Aristides Ruiz (illustrator). 198 x 198 mm. Language: English . Brand New Book. Fans of the Cat in the Hat have cause to

[Read ePub »](#)