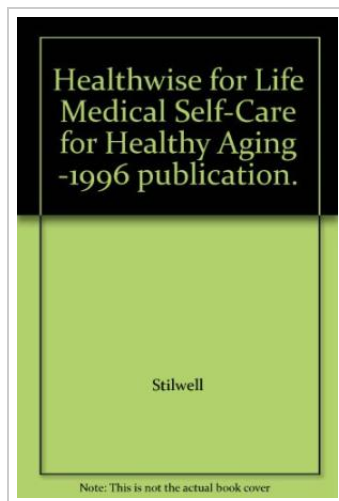




Healthwise for Life: Medical Self-Care for Healthy Aging

By Molly Mettler; Donald W. Kemper

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