



Cooking With Grains (Paperback)

By Coleen Simmons, Bob Simmons

Taylor Trade Publishing, United States, 2013. Paperback. Condition: New. Revised ed..
Language: English . Brand New Book. The USDA Food Pyramid recommends an intake of grain products-so why not spice up your healthy diet with a dose of favorite or less well-known grains? Cooking with Grains contains extensive descriptions of each grain, and provides tasty recipes and tips for preparing each. If you don't know what to do with that bag of millet, or can't tell the difference between amaranth and flax, add this useful book to your collection.



READ ONLINE
[7.57 MB]

Reviews

An incredibly amazing book with perfect and lucid information. I was able to comprehend everything using this written ebook. I realized this book from my dad and i advised this ebook to understand.

-- **Hank Ruecker DDS**

It is just one of the most popular ebook. It is written in simple words and not confusing. I am just happy to tell you that this is actually the finest ebook i have got read inside my very own existence and may be the greatest ebook for at any time.

-- **Vicky Adams**