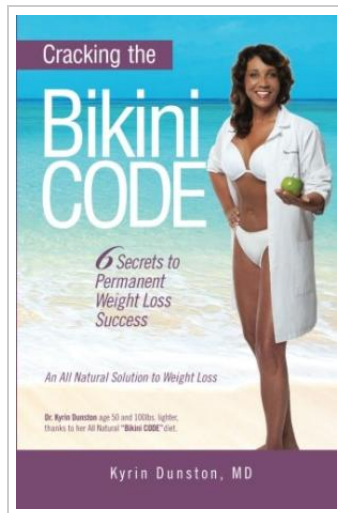



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Cracking the Bikini Code: 6 Secrets to Permanent Weight Loss Success (Paperback)

By Kyrin Dunston MD

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Cracking the Bikini Code: 6 Secrets to Permanent Weight Loss Success After OBGYN Kyrin Dunston, MD discovered Functional Medicine and lost 100 pounds, it became her passion to assist others with the same weight loss and life transformation. Cracking the Bikini Code: 6 Secrets to Permanent Weight Loss Success details the essential and all natural keys to successful fat loss for life. In it Dr. Dunston busts the myth that the body is like a bank account and that weight loss is only about calories in and calories out. She shows you how the body is actually a complex biochemical equation with lots of inputs and factors that go into determining your overall weight and health status. She shows you how all of these factors need to be addressed for successful weight loss. By incorporating universal spiritual principles of manifestation and an all natural approach, Cracking the Bikini Code: 6 Secrets to Permanent Weight Loss Success gives you detailed instructions on how to address these underlying imbalances that cause weight gain and to lose the weight once and for all. Dr. Dunston...



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