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MAGICAL ME



DIVINITI PUBLISHING, United Kingdom, 2010. CD-Audio. Book Condition: New. 142 x 126 mm. Language: English . Brand New. Magical Me is a superb high quality meditation recording by Heather Bestel. Heather is a very experienced psychotherapist who has worked with children developing and building their self esteem and confidence since 1994. This CD is a lovely and safe way to introduce 4-7 year olds to the world of relaxation and to help them find their inner calm. Don't be...

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- Authored by Heather Bestel
- Released at 2010



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