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LOVE FOOD THAT LOVES YOU BACK: LIFE FULLY NOURISHED IS DELICIOUS (PAPERBACK)

LOVE FOOD
THAT LOVES YOU BACK



DOROTHY HOLTERMANN

Arbinders, LLC, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****.Love Food that Loves You Back is a book based on Dorothy Holtermann's personal experience of: Successfully losing 70lbs. Lovingly reclaiming her health and happiness. Eliminating a ten-year dependence on prescription drugs to manage anxiety, depression and insomnia. Dorothy Holtermann's previously privileged life collapsed after both of her dual residences were subject to disasters: 9/11 at Battery Park City, Manhattan and Hurricane...

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- Authored by Dorothy Holtermann
- Released at 2015



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