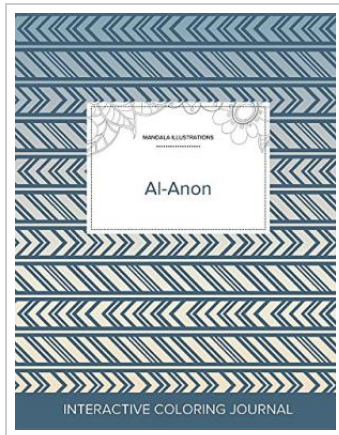




Adult Coloring Journal: Al-Anon (Mandala Illustrations, Tribal) (Paperback)

By Courtney Wegner

Adult Coloring Journal Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include: - 80 lightly-lined writing pages provide plenty room to capture your thoughts - 40 expression pages for jotting down personal reflections, quotes, poems or sketches - 40 professionally illustrated adult coloring images of varying difficulty - High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.



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Reviews

This book is really gripping and interesting. Of course, it is actually perform, still an interesting and amazing literature. You will not truly feel monotony at whenever you want of your time (that's what catalogues are for concerning when you request me).

-- **Claud Schaden**

This created publication is wonderful. This can be for those who statte that there had not been a worth looking at. Your lifestyle period will probably be transform when you comprehensive looking at this book.

-- **Chelsey Nicolas**