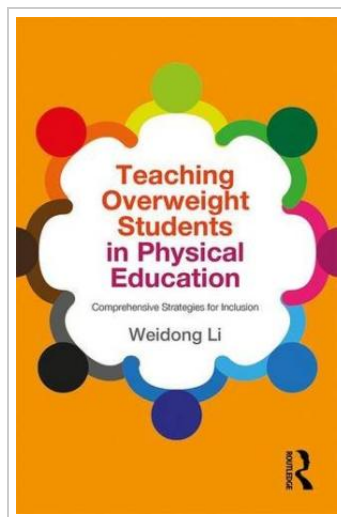



[DOWNLOAD](#)


Teaching Overweight Students in Physical Education: Comprehensive Strategies for Inclusion (Paperback)

By Weidong Li

Taylor Francis Ltd, United Kingdom, 2016. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Overweight students often suffer negative consequences with regards to low physical ability, skills, and fitness; obesity-related health implications; being teased and excluded from physical education by their peers; and psycho-social and emotional sufferings as a result of weight stigma. This has presented an unprecedented challenge for teachers to include them in physical education activities, even when they strive to provide individualized instruction for diverse learners and foster positive learning environments. Educators stand to greatly benefit from specific knowledge and skills to reduce bias and include overweight students. Teaching Overweight Students in Physical Education offers a compact and easy-to-read take on this problem. It begins by summarizing information on the obesity trend, weight stigma, and coping mechanisms. Next, it introduces the Social Ecological Constraint Model, which casts the teacher as an agent of change who is aware of and manipulates a variety of factors from multiple levels for effective inclusion of overweight students in physical education. Finally, it provides detailed strategies guided by the conceptual model...



[READ ONLINE](#)
[1.24 MB]

Reviews

This is actually the finest ebook i have study right up until now. I have got study and so i am confident that i will going to read through once again yet again in the foreseeable future. I am happy to inform you that this is the finest publication i have study inside my personal lifestyle and may be he very best pdf for possibly.

-- **Hobart Anderson II**

Undoubtedly, this is the best work by any author. It is really simplified but shocks within the 50 % in the publication. Its been written in an extremely straightforward way and is particularly just following i finished reading this publication by which basically altered me, modify the way in my opinion.

-- **Vivianne Dietrich**