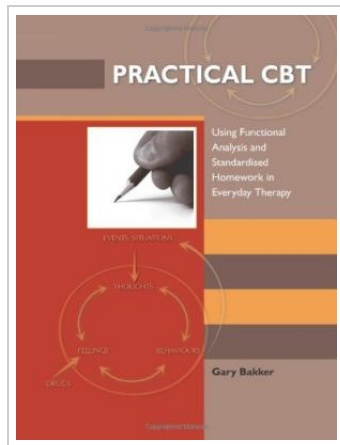




Practical CBT: Using Functional Analysis and Standardised Homework in Everyday Therapy (Paperback)

By Gary Bakker

Australian Academic Press, Australia, 2008. Paperback. Condition: New. General ed.. Language: English . Brand New Book ***** Print on Demand *****. It is the clinician s task to take what they know works and to tailor it to the person seeking their help. Successfully selling this therapeutic model to the client relies on clearly explaining what is happening and reinforcing session achievements with effective change-directed homework. Practical CBT is designed for a range of mental health professionals who have a thorough grounding in cognitive behaviour therapy and use it in their day-to-day practice.

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