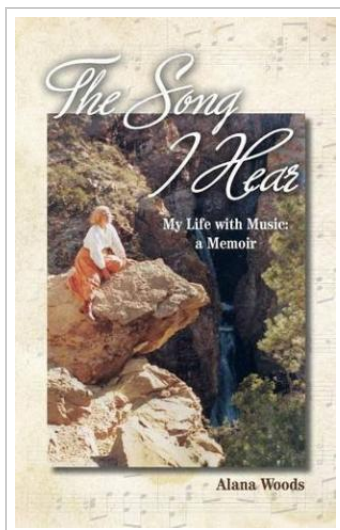




The Song I Hear (Paperback)

By Alana Woods

Irie Books, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Song I Hear, Alana Woods shares her fascinating lifelong study of the effects of sound and music on consciousness, physiology and neurology. A dynamic pioneer in the cutting edge field of music medicine and prescriptive sound, Alana s charming memoir recounts her passion for, and practice of, therapeutic methods of self-healing that have their roots in ancient Greek mind-body healing practices. Working with innovators of sound healing, Alana developed her own process as a teacher and presenter. During the past thirty years she has inspired and helped large numbers of people in the United States, Greece and Ireland. Alana Woods is an ordained Unity Minister who has prescribed music for various medical treatments for the mentally ill, dentistry, spa treatments and yoga classes. In addition, she is the author of Music Medicine, The Healing Touch of Music: An Exploration; Therapist s Resource Guide to Using Music and Sound; Healing Currents series. She was also the producer of the CD, Music to Heal the Family Soul.



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