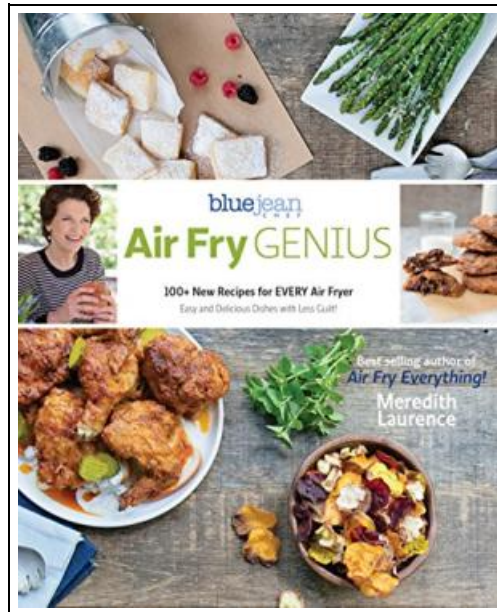


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Walah!, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. The Blue Jean Chef turns her culinary genius onto the latest hot cooking appliance trend--Air Frying! Brand new to Air Frying or already loving your Air Fryer? Air Fry Genius is your ultimate guide to mastering Air Frying and becoming a genius in your kitchen. Create healthier, delicious meals quickly with less guilt and easy clean up. Including 100+ recipes--from wholesome breakfasts to decadent desserts, and each paired with color photos--Air Fry Genius also includes Meredith Laurence's signature tips and tricks for getting the most out of your air fryer using frying, roasting, and baking techniques to create healthier, faster, and less messy meals to impress your family and friends. Those new to air frying will love Air Fry Genius's Easy recipes for beginners, along with tips on how to convert traditional recipes to air fryer recipes, air fry cooking time charts, and primers throughout the book on various air-frying techniques. Experienced cooks looking to enhance their culinary skills will also love this book, with recipes and ways to take their air-frying skills to the next level. Vegetarian, vegan, and gluten-free recipes are abundant, as well as tips for planning ahead. All recipes includes nutrition information so you can be well-informed about what you're eating. Snacks Appetizers: Avocado Fries with Quick Salsa Fresca, Dill Fried Pickles, Veggie Chips, Cauliflower Tater Tots, Fried Mozzarella en Carrozza with Putanesca Sauce Breads Breakfast: Hush Puffins, Peppered Maple Bacon Knots, French Toast Turkey Sausage Roll-ups, Cheesy Olive Roasted Red Pepper Bread Beef: Meatloaf with Tangy Tomato Glaze, Vietnamese Beef Lettuce Wraps, T-Bone Steak with Roasted Tomato, Corn Asparagus Salsa Pork Lamb: Blackberry BBQ Glazed Country-Style Ribs, Lollipop Lamb Chops with Mint Pesto, Crispy Pork Medallions with Endive Radicchio...

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