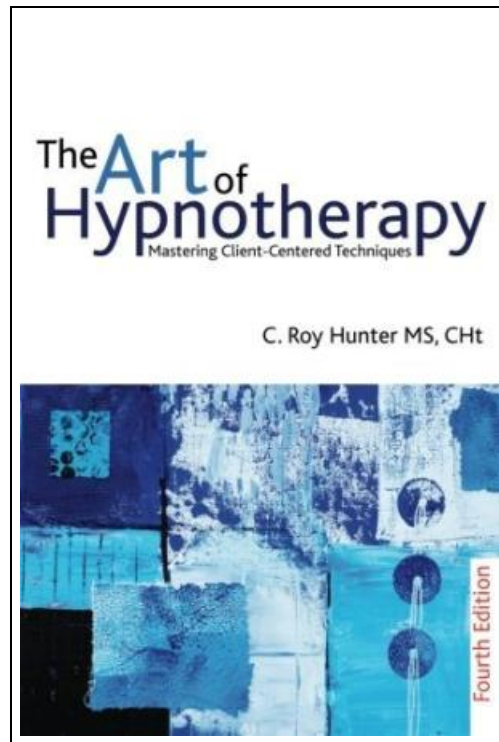


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Crown House Publishing, United Kingdom, 2010. Paperback. Condition: New. 4th Revised edition. Language: English . Brand New Book. Now in its fourth edition, this classic text presents a comprehensive overview of client-centered hypnosis. Since it is the person undergoing hypnosis that is the one with power to change him/herself, the hypnotherapist acts as the facilitator, tailoring the hypnosis session to the client. All of the techniques found in The Art of Hypnotherapy, including regression therapy and parts theory center on this concept. Shows how all hypnotic techniques revolve around four main therapeutic objectives: Suggestion and Imagery; Discover the Cause; Release; and Subconscious Relearning. New features in this edition include an arrangement of techniques from simple to complex, a chapter on the common application of hypnotherapy including anger, impotence, stuttering, and tinnitus, and updated chapters on anchoring and triggers.



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