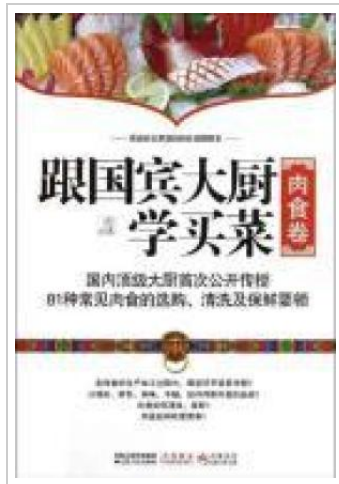



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Grocery shopping with the chef at the Ambassador (meat roll)

By CHEN XI

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pages Number: 169 Publisher: Jiangsu People's Pub. Date :2011-09-01 version 1. Grocery shopping with the chef at the Ambassador (meat roll). a collection of poultry meat, fish, shell snails, crabs, eggs and milk, etc. 81 kinds of common fresh meat and meat products, will purchase, cleaning and preservation methods to list, along with nutritious cooking essentials. In addition, each book comes with fine ingredients and nutrition picture highlights table, opened the book, the reader is very easy for a clearer understanding of the ingredients. Choose how to grasp the origin of meat, fresh degrees How to check the skin, shell color, hardness, integrity and color of the meat, flexibility to determine the merits of its quality How to choose the appropriate cleaning temperature, cleaning solution concentration, processing methods, the best conditions in addition to the sand Save the living creatures and processed, how different were selected according to the season the right way to preserve, store, the storage temperature, estimated time of preservation The best food of meat eating time, cooking methods, nutrition and food taboos what effect To buy...



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