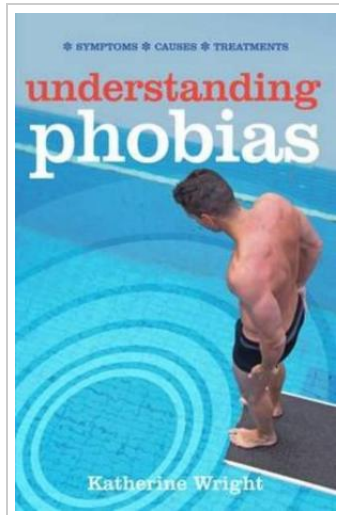




## Understanding Phobias: Symptoms, Causes, Treatments (Paperback)

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By Katherine Wright

Geddes Grosset, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book. Anxiety and phobia is characterised by an overwhelming fear or dread of certain objects, animals, events or situations. It can restrict and inhibit everyday activities, and cause intense misery for the person with the phobia. This book explains phobias and helps you to understand and to get help with them.



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