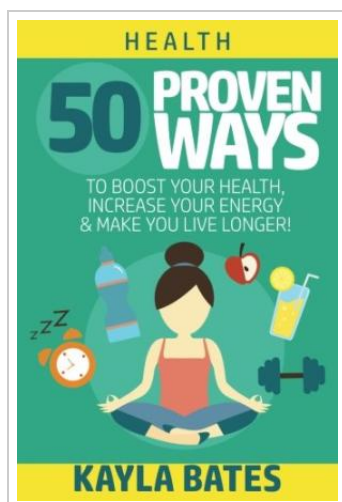




Health: 50 Proven Ways to Boost Your Health, Increase Your Energy Make You Live Longer! (See Results in 24 Hours) (Paperback)

By Kayla Bates

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Check Out These 50 PROVEN EASY Tips You Can Add to Your Day For More Energy, Better Health A Longer Life! From the best-selling health author, Kayla Bates, comes Health: 50 PROVEN Ways to Boost Your Health, Increase Your Energy Make You Live Longer! (See Results in 24 Hours). This book will help you start changing your life and your health and see results in a day! If you are trying to become healthier, but can't see any results. If you're constantly feeling tired, lazy, or lethargic throughout the day. Or if you want to have a healthier and longer life. THEN THIS BOOK IS FOR YOU! This book provides you with 50 PROVEN health tips that have been specially collected to powerfully work on your body in a day, NOT weeks or months! Simply apply them in your life and for some of them you will notice differences within 24 hours (such as some of the tips from #30 to #45). It comes with tons of information, explanations of why the tips are recommended, and all the easy...



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Reviews

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