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KETO DIET FOR WEIGHT LOSS: 7-DAY KETO KICK START AND MENU PLAN (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback Condition: New. Language: English . Brand New Book ***** Print on Demand *****. If you are looking to lose some weight and want to do it in a healthy manner then using the ketogenic diet plan offered in this book along with a collection of 7-Day meal planners to choose from will help you to reach your weight loss goal. This diet plan was originally designed to help to treat epilepsy, but it was...

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- Authored by Quinn Franklin
- Released at 2017



File size: 5.98 MB

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