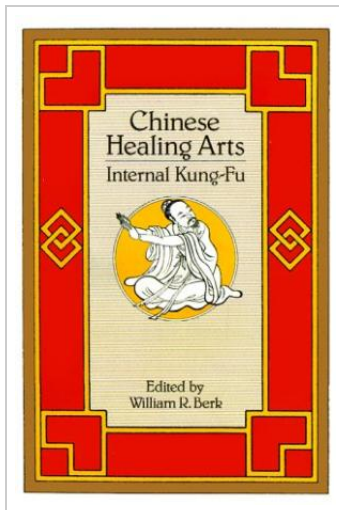




Chinese Healing Arts

By William Berk

Unique Publications, United States, 1989. Paperback. Book Condition: New. annotated edition. 214 x 149 mm. Language: English . Brand New Book. Chinese Healing Arts was originally translated in 1895 from classical Chinese texts. This is a unique book which blends the ancient with the modern, and prescribes a program to develop and integrate the body and mind. Included is a discussion of Taoist sexual control, static and dynamic posturing, internal and external massage or kneading, meditation, respiratory exercises and acupressure.



READ ONLINE
[1.86 MB]



Reviews

This pdf is worth buying. It is actually written in basic words and not confusing. It has been printed in a remarkably basic way in fact it is merely following i finished reading this publication through which really altered me, affect the way i really believe.

-- **Dr. Linwood Lehner IV**

The ideal publication i possibly go through. It is amongst the most awesome publication we have study. I am just easily will get a satisfaction of studying a published publication.

-- **Shanie Cartwright**