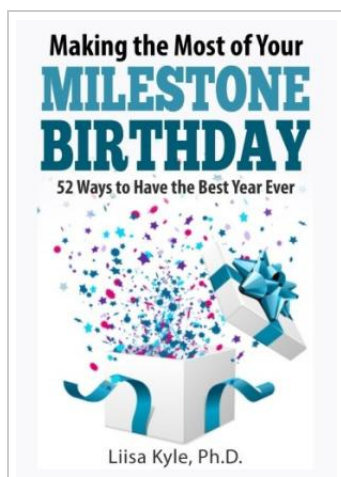



[DOWNLOAD](#)


Making the Most of Your Milestone Birthday: 52 Ways to Have the Best Year Ever (Paperback)

By Liisa Kyle

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Are you are approaching a significant birthday? Why not use the opportunity to have a wonderful Milestone year? This self-help guide is packed with activities, examples, and ideas to help you: *appreciate your life thus far *understand yourself better -- examine your unique attributes and what's truly important to you *do more of what you love -- and less of what you don't *strengthen important relationships *treat yourself well *have fun *put things in order *get rid of what you don't need *live a life you love *put things in place for the future, and *give attention to your legacy Of course, you don't need to do ALL of these things to have a terrific Milestone. This book is designed so you can focus on whatever is important, appealing, or interesting to you. It's developed by Liisa Kyle, Ph.D. -- the go-to coach for smart, creative people who want to overcome challenges, get organized, get things done, and get more out of life. Over the past twenty years, she's coached individuals, facilitated groups, and delivered inventive...



[READ ONLINE](#)

[6.12 MB]

Reviews

The ideal pdf i at any time go through. It is really basic but unexpected situations from the fifty percent of your pdf. Its been designed in an extremely easy way and is particularly only after i finished reading this pdf through which really changed me, alter the way i really believe.

-- **Prof. Kendrick Stracke**

Definitely one of the best book We have at any time go through. It is actually filled with wisdom and knowledge I am quickly could get a delight of studying a published book.

-- **Dr. Kim Bergnaum**