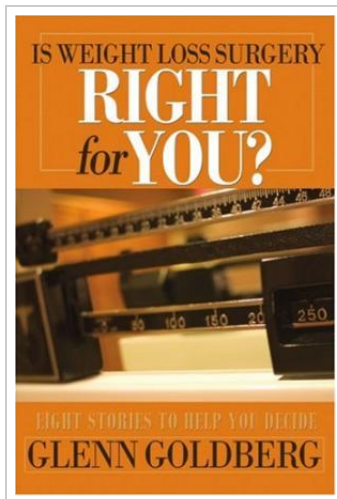




Is Weight Loss Surgery Right for You?: Eight Stories to Help You Decide (Paperback)

By Glenn Goldberg

iUniverse, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Tipping the scales at 360 pounds, author Glenn Goldberg was faced with the difficult decision to undergo weight loss surgery (WLS), a procedure that would reduce the size of his stomach dramatically. Suffering through shame at not being able to lose weight through diet and exercise, he desperately sought answers about the physical, emotional, financial, and social risks involved with WLS. Goldberg ultimately decided to have the surgery. Although the eventual outcome of his surgery was positive, Goldberg found himself disappointed and resentful immediately following the procedure. Surviving and thriving after the surgery was far more difficult than he d been led to believe. Goldberg decided to help others considering WLS to gain a full, fair, and honest understanding of the surgery and its implications. Is Weight Loss Surgery Right for You? details Goldberg s personal experience with WLS, from deciding to have the surgery to enduring the post-operative challenges to learning to live in a normal body. Goldberg presents an extremely honest account of his own physical, emotional, and lifestyle transformation. Including additional stories from others who have faced a similar situation,...



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