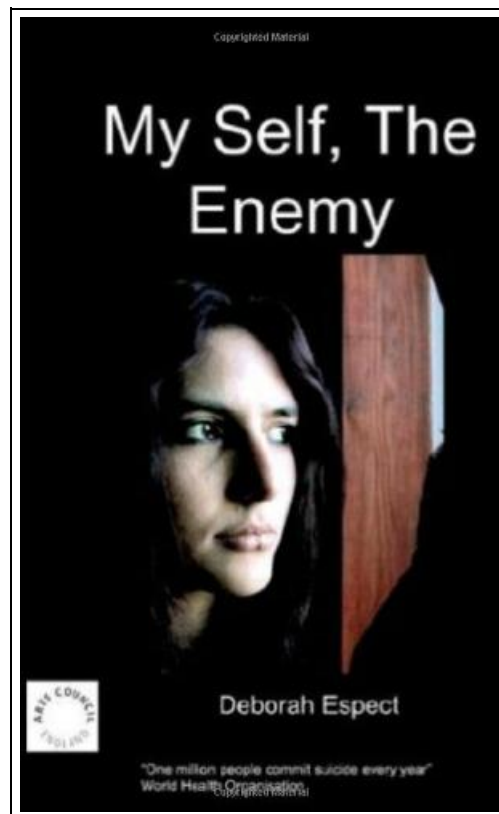


My Self the Enemy (Paperback)



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Reviews

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MY SELF THE ENEMY (PAPERBACK)



Chipmunkpublishing, United Kingdom, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.by Deborah Espect ISBN 13: 978 1 84747 016 4 Published: 2006 Pages: 200 Description This book portrays the emotional and psychological difficulties associated with mental illness. It gives you an insight into her insecurities and troubles. It gives you the feeling that you are not alone. You can relate to her emotional plight. About the Author Deborah Espect was born in France and now lives in London. She has been in an American magazine and is currently working on a screen play and some short stories. This book is a reflection of the emotional difficulties involved with mental illness. Book Extract Why won't they leave me alone? There's always something. Always someone. The postman, the neighbours, the colleagues, don't they understand? I don't need anyone! Leave me in peace! Maybe I should move away. Find myself a nice house with a big, inaccessible field, or a forest, in the middle of nowhere. I'd grow my own vegetables, have a couple of cows to milk and I'd never need to see people ever again. What do they want from me anyway? It's not like I have anything to give. Because that's the thing, isn't it? No one asks how you are, what you're doing, if you had a nice weekend, out of kindness. They expect you to ask them the same. Attention seekers! But I'm not like them. I don't go around begging Love me! No wonder she has no friends, you probably think. Maybe I don't, but that's my choice. And I'm not completely alone, I have Naomi. We went to school together. Sometimes I think we...



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