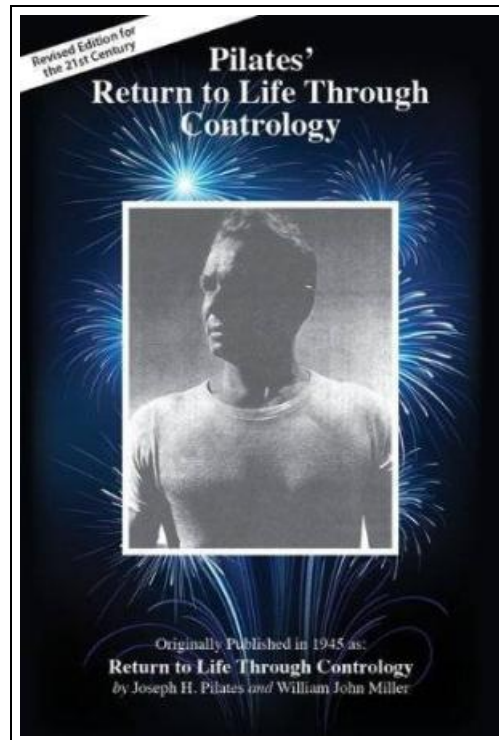


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PILATES' RETURN TO LIFE THROUGH CONTROLOGY: REVISED EDITION FOR THE 21ST CENTURY

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