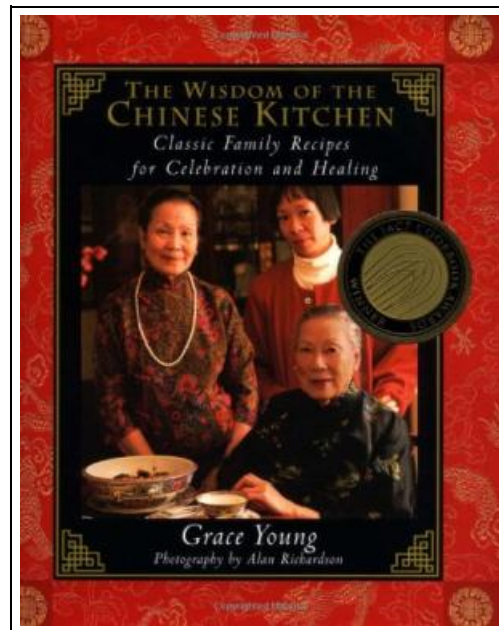


The Wisdom of the Chinese Kitchen (Hardback)



Filesize: 2.55 MB

Reviews

A very awesome publication with perfect and lucid information. It is probably the most awesome book i have read. You may like how the author publish this pdf.

(Dr. Celia Howell DVM)

THE WISDOM OF THE CHINESE KITCHEN (HARDBACK)



SIMON SCHUSTER, United States, 1999. Hardback. Condition: New. Language: English . Brand New Book. The Wisdom of the Chinese Kitchen, with its 150 recipes culled from a lifetime of family meals and culinary instruction, is much more than a cookbook. The Wisdom of the Chinese Kitchen is a daughter's tribute--a collection of personal memories of the philosophy and superstitions behind culinary traditions that have been passed down through her Cantonese family, in which each ingredient has its own singular importance, the preparation of a meal is part of the joy of life, and the proper creation of a dish can have a favorable influence on health and good fortune. Each chapter begins with its own engaging story, offering insight into the Chinese beliefs that surround life-enhancing and spiritually calming meals. In addition, personal family photographs illustrate these stories and capture the spirit of China before the Revolution, when Young's family lived in Canton, Shanghai, and Hong Kong. The first part, Mastering the Fundamentals, provides instruction on the arts of steaming and stir-frying; the preparation of rice, panfried, and braised dishes; the proper selection of produce; and the fine arts of chopping and slicing. Part Two, The Art of Celebration, concentrates on the more elaborate, complex, and meaningful dishes--such as Shark's Fin Soup and West Lake Duck--that are usually made with rare ingredients, and sweets such as Water Chestnut Cake and Sesame Balls. The final part, Achieving Yin-Yang Harmony, explores the many Chinese beliefs about the healing properties of ginseng, ginkgo nuts, soybeans, dong quai, and the many vegetable and fruit soup preparations that balance and nourish the body. The stories and recipes combine to demonstrate the range of Cantonese cooking, from rich flavors and honored combinations to an overall appreciation of health, well-being, and prosperity. In addition...



[Read The Wisdom of the Chinese Kitchen \(Hardback\) Online](#)



[Download PDF The Wisdom of the Chinese Kitchen \(Hardback\)](#)

Relevant Kindle Books



Weebies Family Halloween Night English Language: English Language British Full Colour
Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book *****
Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...
[Save PDF »](#)



Baby Bargains Secrets to Saving 20 to 50 on Baby Furniture Equipment Clothes Toys Maternity Wear and Much Much More by Alan Fields and Denise Fields 2005 Paperback
Book Condition: Brand New. Book Condition: Brand New.
[Save PDF »](#)



Kingfisher Readers: Your Body (Level 2: Beginning to Read Alone) (Unabridged)
Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Your Body (Level 2: Beginning to Read Alone) (Unabridged), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the...
[Save PDF »](#)



Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade
Book Condition: Brand New. Book Condition: Brand New.
[Save PDF »](#)



Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade
Book Condition: Brand New. Book Condition: Brand New.
[Save PDF »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 5: Seasick (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 174 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It

[Read PDF »](#)

**Tia Sharp - a Family Betrayal**

John Blake Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, Tia Sharp - a Family Betrayal, Nigel Cawthorne, On 3 August 2012, as London was gripped by the Olympics, Tia Sharp, a 12-year-old schoolgirl, was

[Read PDF »](#)

**Who Am I in the Lives of Children? an Introduction to Early Childhood Education with Enhanced Pearson Etext -- Access Card Package**

Pearson, United States, 2015. Paperback. Book Condition: New. 10th. 251 x 203 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies

[Read PDF »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 2: The Red Hen (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 176 x 152 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It

[Read PDF »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 5: Dolphin Rescue (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It

[Read PDF »](#)