



The Vegan Bundle: Easy Steps to a Healthy Diet for Beginners

By Lewis Haas

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.The Complete Vegan Guide for Beginners - Veganism Boxed Set Get Three Titles for the Price of One - Plus a Bonus Offer Inside! The Basics of a Healthy Vegan Lifestyle: How to Live Meat-Free and Dairy-Free Basic Vegan Recipes: For Breakfast, Lunch, Dinner Snacks Vegan on a Budget: Making Veganism an Affordable Lifestyle The Basics of a Healthy Vegan Lifestyle: How to Live Meat-Free and Dairy-Free Basic Vegan Recipes: For Breakfast, Lunch, Dinner Snacks Vegan on a Budget: Making Veganism an Affordable Lifestyle Plus, see details inside for a FREE copy of The 10 Best Vegan Dishes: Quick, Easy Cheap Recipes The vegan lifestyle is not just another popular diet plan, and the world is beginning to know why. Veganism is helpful for those who wish to live a healthier life, lose weight, reduce the risk of chronic disease and so much more. A diet free of animal products also means living a greener life and changing the world for the better-one plate at a time. However, one of the greatest reasons to become...

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