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SMOOTHIE RECIPES: 101 SMOOTHIE RECIPES FOR WEIGHT LOSS, GOING GREEN AND OVERALL HEALTH



Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English. Brand New Book ***** Print on Demand *****.Crush Your Weight Loss Goals With These Smoothie Recipes101 Smoothie Recipes For Weight Loss, Going Green and Overall Health is a compilation of fresh fruit and vegetable smoothie recipes for people who want to lose weight and get some greens in their life. There isn't a specific section for weight loss as all these health enhancing smoothies...

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- Authored by Darrin Wiggins
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