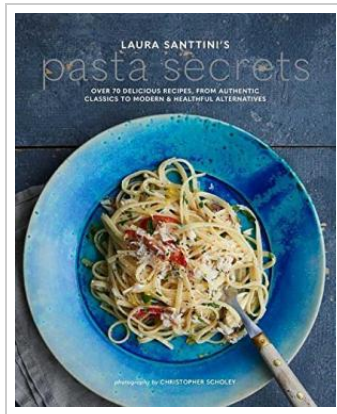




Laura Santtini's Pasta Secrets: Over 70 Delicious Recipes, from Authentic Classics to Modern and Healthful Alternatives (Hardback)

By Laura Santtini

Ryland, Peters Small Ltd, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. For people who lead busy lives but still want to eat fresh and delicious food - pasta is the ideal choice. This book includes over 70 mouth-watering recipes, from authentic Italian classics to vibrant and contemporary dishes. A steaming plate of pasta is one of the most satisfying things in the world - whether coated in a rich tomato-based ragu, doused in a fragrant herb pesto or smothered in creamy carbonara sauce. Pasta has many merits: it is inexpensive, quick to make and works both as an everyday staple or a dinner party showstopper. Italian born Laura Santtini is an author with one foot in the rich culture and heritage of Italian cooking, and another in the truly modern understanding of methods and ingredients popular with home-cooks today. Laura's approach is that the heart and soul of each dish is down to the sauce, what it is then paired with is really down to the individual. It can be anything from spiralized vegetables, quinoa or gluten-free pasta for a healthy mid-week supper to hand-made tortellini at the weekend. The book opens with 'The...



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