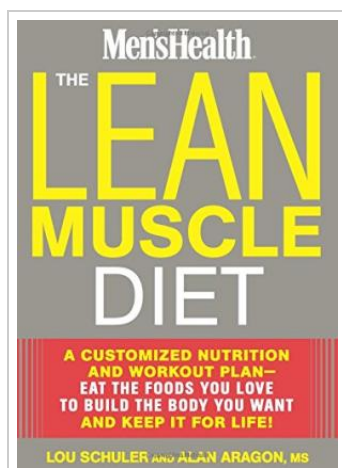




The Lean Muscle Diet (Men's Health)

By Schuler, Lou

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