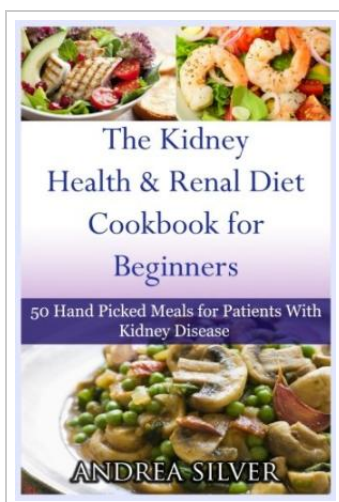




The Kidney Health and Renal Diet Cookbook for Beginners: 50 Hand Picked Meals for Patients with Kidney Disease (Paperback)

By Andrea Silver

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Important steps to maintaining kidney health for those with renal failure or at high-risk. Don't wait any longer to learn about this information. When I was 24 my uncle was diagnosed with kidney failure. We ended up living at home with him in Scottsdale, and he needed specialized meals. I would cook for him every day while others shopped for the ingredients. It was actually this experience that led to a future career as a professional cook. It was a stressful time, but also an opportunity to learn a lot about health, nutrition and the importance of what we eat. I've since taken that knowledge to create this cookbook that I hope will help many others on a similar path. This book is designed for Newbies and will give the run-down about how renal diets work and the basic guidelines. This is not a substitute for receiving this information from a qualified doctor. However it can be used as a reminder to assist you on your journey. What follows are the best tasting renal recipes I've been able...



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Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



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