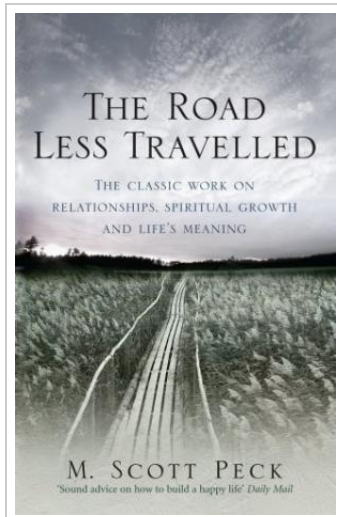




The Road Less Travelled: A New Psychology of Love, Traditional Values and Spiritual Growth

By M. Scott Peck

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Road Less Travelled: A New Psychology of Love, Traditional Values and Spiritual Growth, M. Scott Peck, Confronting and solving problems is a painful process which most of us attempt to avoid. Avoiding resolution results in greater pain and an inability to grow both mentally and spiritually. Drawing heavily on his own professional experience, Dr M. Scott Peck, a psychiatrist, suggests ways in which facing our difficulties - and suffering through the changes - can enable us to reach a higher level of self-understanding. He discusses the nature of loving relationships: how to distinguish dependency from love; how to become one's own person and how to be a more sensitive parent. This is a book that can show you how to embrace reality and yet achieve serenity and a richer existence. Hugely influential, it has now sold over ten million copies - and has changed many people's lives round the globe. It may change yours.



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Reviews

An incredibly great ebook with lucid and perfect explanations. It is actually rally fascinating throgh studying period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.

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Basically no words and phrases to describe. It is really simplified but unexpected situations in the fifty percent of your book. I am delighted to let you know that here is the very best publication i have got go through within my very own lifestyle and might be he greatest publication for actually.

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