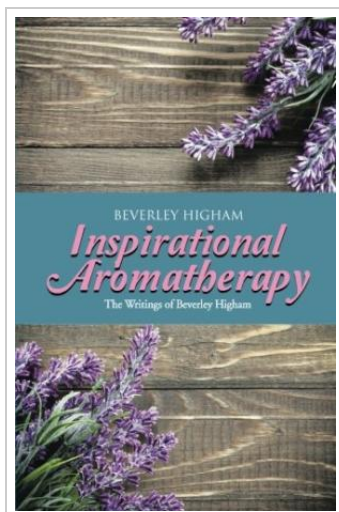




Inspirational Aromatherapy: The Writings of Beverley Higham (Paperback)

By Beverley Higham

Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. I can't wait to share my unique personalised guide to aromatherapy. This book contains some of my writings on the subject I am most passionate about. Discover why aromatherapy is much more than just a smelly treatment, how it can enhance your health and well-being. Enjoy some of my aromatic suggestions and recipes and read some simple case studies. Join me on one of my aromatic adventures in the high Alps of Provence as I describe my week and the experiences I had with the many plants I encountered. Be inspired by the power of the flower and many other plant oils on our fragrant planet. I was born an aromatherapist! My early memories from childhood are full of aroma. I am a teacher and practitioner, and I continue to be astounded by the wondrous possibilities aromatherapy brings to our health and well-being. It is all captured here in this book. Read it and discover what you need to grow!.



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Reviews

This is an incredible book that I have ever read through. It can be really exciting through reading through time period. I discovered this publication from my i and dad recommended this pdf to find out.

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