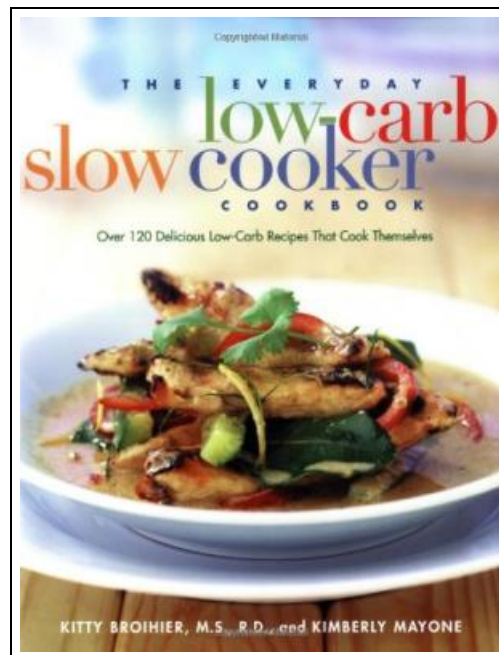


The Everyday Low Carb Slow Cooker Cookbook: Over 120 Delicious Low-Carb Recipes That Cook Themselves



Filesize: 6.67 MB

Reviews

Here is the finest publication we have read right up until now. It is actually written in easy words instead of difficult to understand. It has been written in a remarkably easy way in fact it is only right after I finished reading this book in which it basically changed me, modified the way I really believe.

(Prof. Vanessa Smitham V)

THE EVERYDAY LOW CARB SLOW COOKER COOKBOOK: OVER 120 DELICIOUS LOW-CARB RECIPES THAT COOK THEMSELVES



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Marlowe & Co. Paperback. Book Condition: new. BRAND NEW, The Everyday Low Carb Slow Cooker Cookbook: Over 120 Delicious Low-Carb Recipes That Cook Themselves, Kitty Broihier, Kimberly Mayone, We all love to eat good food, but no one seems to have the time to cook it anymore. The resurrection of the slow cooker has changed all that, giving busy food lovers a simple way to prepare delicious meals with very little effort or attention. Now, in The Everyday Low Carb Slow Cooker Cookbook, nutritionist and food consultant Kitty Broihier and recipe developer and creative chef Kimberly Mayone offer low carbers a chance to jump on the slow cooker bandwagon with over 120 delectable low carb recipes designed especially for slow cooking. They cover everything from breakfast foods, snacks, and chilis to soups, entrees, and desserts, and even include potluck favorites, easy-prep entrees requiring five ingredients or less, and ethnic cuisine. Complete with information on the convenience and health benefits of using the slow cooker, how to convert favorite low carb recipes for slow cooking, low carb "go-with" recipes that round out slow cooked meals, and tips and serving suggestions featured throughout, The Everyday Low Carb Slow Cooker Cookbook is sure to become a staple in every low carb cook's kitchen.



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